

# Sun Protection – Nursery

## **Reference and Key Text**

Education (Early Childhood Services) Regulations 2008, 46 Health and Safety Practices standard general:

- 1(a): requires every licensed service provider to whom this regulation applies to take all reasonable steps to promote the good health and safety of children enrolled in the service.

The Queenstown Childcare Sun Protection policy has been developed to ensure that all children attending the Centre are protected from skin damage caused by harmful UV rays of the sun.

The policy is to be implemented throughout the year but with particular emphasis in summer between the months of October through till the end of March and when required through out the year.

(Note: clouds often do not afford much protection from solar radiation).

As part of our policy from last week in September till the end of March:

- 1) The Centre will require children to wear hats whenever they are outside; if they have no hat on they stay inside. **The hat should have a brim, which will protect their face, neck, and ears.**
- 2) The Management Committee will ensure there are sufficient number of shelters and trees providing shade in areas where the children congregate, such as the sandpit, water tray etc.
- 3) Staff will act as role models by:
  - wearing appropriate hats and clothing outdoors
  - using a 30+ Broad spectrum sunscreen for skin protection.
- 4) SPF 30+ broad spectrum, water resistant sunscreen will be provided for staff and children's use and applied to the children at least two times a day. The names of children who have had sun block applied will be written up on the whiteboard outside.
- 5) Parents are requested to apply sunscreen to their child before bringing them to the Centre.
- 6) If for medical reasons a parent does not want their child to have sunscreen applied they will be expected to dress the child in

appropriate clothing e.g. long sleeves or otherwise the child will not be allowed outside.

- 7) Staff and parents will be provided with educational material on sun protection.
- 8) The Sun smart policy will be reinforced in a positive way through newsletters, at parent meetings, and the centre notice board.
- 9) Children will be provided with drinks at all meal times, and provided throughout the day.
- 10) On "sun un-safe" days, activities will be planned so the children are indoors between 12 and 2.
- 11) Opportune moments will be used to teach children why the skin needs protection from the sun and how to protect it.
- 12) If a child brings their own sun screen it must be named

Reviewed June 2002

Reviewed November 2005

Reviewed November 2006

Reviewed January 2008

Reviewed April 2010

Reviewed October 2011

Next Review: October 2012